

Baulkham Hills North Public School

Anti-bullying Plan 2024 - 2025

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Baulkham Hills North Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
February Term 1	<u>Behaviour code for students</u>
May Term 2	School core values and anti-bullying expectations
August Term 3	National Day of Action Against Bullying and Violence
October Term 4	Anti-bullying expectations revisited

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Whole school professional learning on the BHNPS behaviour code and core values
Term 2	Whole school professional learning on CTRT
Term 3	Whole school professional learning on CTRT
Term 4	Whole school professional learning on CTRT

1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Information is provided in the 'BNHPS Behaviour Systems Flowchart' to staff which is issued to all staff when they enter on duty.

An executive staff member speaks to new and casual staff when they enter on duty at the school.

The principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

An induction day for new staff will take place early in Term 1. Topics include CTRT, BHNPS Behaviour Systems Flowchart, Anti-bullying statement. APs to induct new staff who arrive later in the year.

2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term 1	Class information sessions (Behaviour Expectations included); P&C Meeting (first session to cover Anti-Bullying Statement and Schools Behaviour Code), PUPIL session on student wellbeing
Term 2	Information available on the school website and through the school newsletter regarding strategies that the school relies on to promote positive student behaviour, including addressing bullying behaviours.
Term 3	Parent Hub session on CTRT and the school's behaviour systems, National Day of Action against Bullying and Violence Assembly

3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Choice Theory Reality Therapy underpins all the school's behaviour systems and practices.

Pro-social programs delivered to targeted groups of students eg Seasons for Growth and Girl-Wise.

School counselling service provides individual student support.

Incredible 5 point scale - a student self-regulation tool to promote positive behaviour.

Student Pit-Stop process for students to reflect on and to plan appropriate behaviours.

Anxiety Project Implementation

Completed by: Mrs Kim Simms

Position: APC&I

Signature: _____ Date: 18/12/2024

Principal name: Graham Holmes

Signature:  _____ Date: 18/12/2024